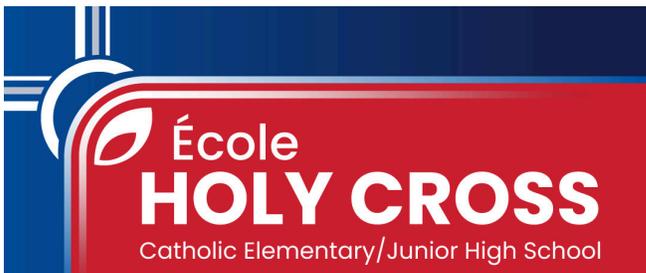


February is heart month!

Holy Cross is a very special place and each day we witness the warmth that lies in the hearts of our students, parents and staff. We see it every day in our classrooms, on the playground or just in passing. This month we celebrate that love through Random Acts of Kindness. It is a time when we look into our hearts and ask ourselves “what can I do to make this world a better place?”



Be it at home, at school, in our community or in our world, we can all be agents of change. Doing a kind act makes others feel special. It also makes us feel good knowing that we are contributing to making the world a kinder place.



**REGISTER  
TODAY!**

- Kindergarten with Full-Day Programming
- K-9 French Immersion



Our Open House for our Kindergarten, Elementary and Junior High will take place on Thursday, February 12<sup>th</sup> at 6:00pm. We encourage you to let others know about our school and invite them to join our family. Word of mouth is always the best advertising and you are our best ambassadors.

We wish you a wonderful February!

Mme Marlene Forest-Wallace  
Principal

Mme Brigitte Levasseur  
Assistant Principal

# École Holy Cross School Hours:

## Kindergarten

### Monday, Tuesday, Wednesday and Friday

Kindergarten AM – 8:20am – 11:27am

Kindergarten PM – 11:57am – 3:04pm

### Thursday

No School for Kindergarten

## Grade 1 to Grade 9

### Monday, Tuesday, Wednesday and Friday

8:20am - First Bell

8:25am - Second Bell, classes begin

3:03pm – Dismissal

### Thursday Early Dismissal

8:20am – First Bell

8:25am – Second Bell, classes begin

12:02pm - Dismissal

## Exit door for pick up at the end of the day

**Door #5** - Kindergarten

**Door #2** – Grade 34A, Grade 4A, Grade 5A, Grade 56A, Grade 6A

**Door #3** – Grade 1A, Grade 1B, Grade 2A, Grade 2B, Grade 3A

## Celebrating Success at Holy Cross



Congratulations to Grade 6 student Michael Rico-Lam, a star gymnast, on taking 2nd place at the 2026 Vegas Cup!

Michael loves gymnastics—it's a fun sport that helps him build strength and athleticism.

Bravo on an amazing achievement!

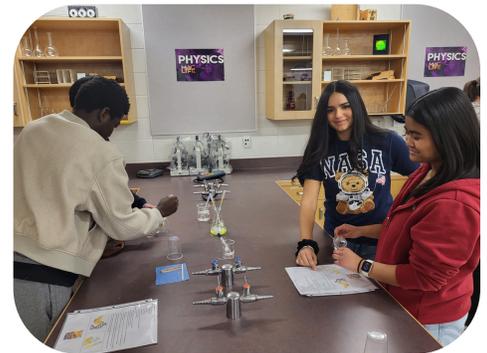
It takes a team, and we would like to extend our sincere thanks to Team Holba — Karl (Grade 7) and his dad, Mr. Karl Holba.

Snow clearing was a challenge throughout January, and we are grateful to Mr. Holba for stepping in and providing much-needed support to the Holy Cross School community. Your time and effort made a real difference — thank you!



## Grade 9 Visit to Archbishop MacDonald

Grade 9 students were invited to Archbishop MacDonald School. During this visit, they had the opportunity to explore the school, attend a presentation about the programs offered, enjoy a performance from the Drama class, and visit the Music, Art, Physical Education, and Science labs. We concluded our visit with a lunch generously offered to the students.



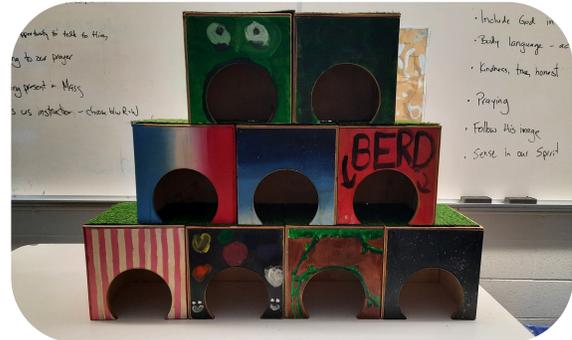
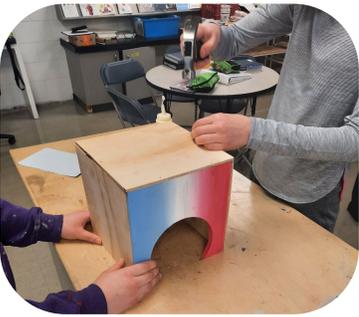
**Grade 2** visited the Royal Alberta Museum

How do traditions, abilities, or ways of life shape a person's identity? During a guided tour of the Human History Hall, students delved into the stories of individuals and communities, exploring how museums portray these narratives of identity.



## CTF - Environmental Stewardship

Our CTF Environmental Stewardship class built Bird Hides for the Wild North Animal Rescue Centre.



## CTF - Fashion Studies

Students in the Fashion Studies worked hard to create, design and heat press an image using Cricut Design space and the Cricut machines at our school.





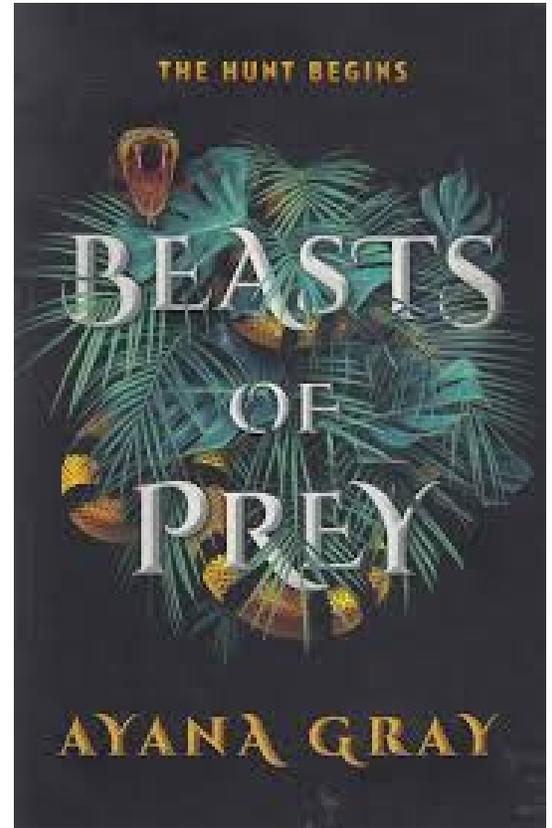
On January 26, 27 and 28, K-9 Holy Cross students had fun participating in a french drama workshop presented by l'Unithéâtre.

Each class participated in a 50-minute workshop led by professional artist Marie-Joanne Fogu  Makou. Students had fun exploring improvisation, character creation, and movement. The project aims to build confidence, teamwork, and enjoyment of speaking French.



## ECSD Reads - January 30, 2026

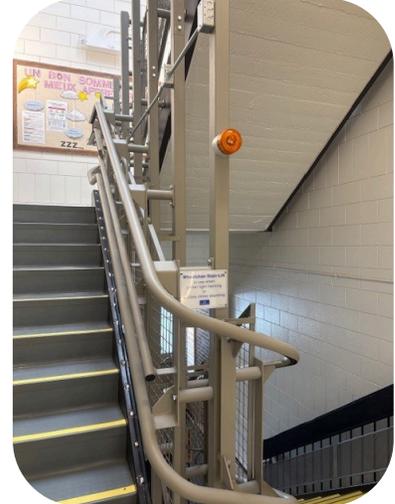
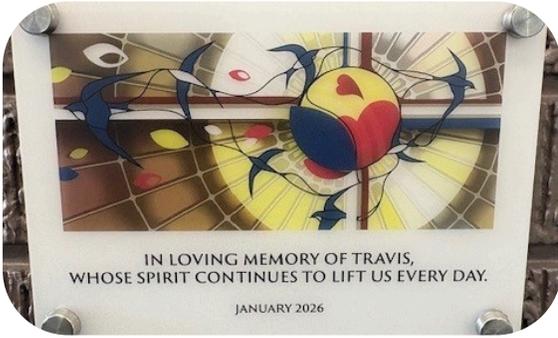
Students in Grades 7, 8, and 9 were selected to attend a reading event at Lumen Christi on Friday, January 30th. Over the course of several months, 7 students passed around and read five different books. They then spent the day discussing these books with students from other schools. They had the opportunity to argue in favor of their favorite novel and against their least favorite novel. At the end of the day, an ultimate winner was decided based on a spirited debate between the two groups. Our students argued vigorously and passionately, resulting in their choice, *Beasts of Prey* by Ayana Gray, being the winner.



## Blessing of the Lift

We are happy and grateful to announce that Holy Cross is now fully accessible to everyone on all levels.

Thank you Father Glen and to Travis' family and Holy Cross staff members for assisting in the blessing of this wonderful gift that will continue to provide a valuable service for years to come.



## Grade 9 Preparing for High School Transition

Our Grade 9 students were blessed to gather in the school chapel with Father Glenn reflecting on how faith and prayer can guide them through pivotal decisions, including choosing their high school and shaping their future.





# BAND 7, 8, AND 9



There have been a couple of key events that have taken place in the Holy Cross junior high band world since the start of the school year.

In early October, the grade 7 band students attended Jumpstart and worked with professional instrumentalists. In late October, Mme Pastor received the Keith Mann Young Band Director's award.

In November, former and current Holy Cross Students performed in the All-City Junior and Senior Bands. Shout out to Eva Ejinaka, Rachel Afolabi, Gracie Lemoine, and Madeleine Perrin for their performance!

In December, the grade 8 and 9 band students spent an overnight at Camp Caroline, where they worked with clinicians, rehearsed, and enjoyed the scenery and nature surrounding the camp.





"I really enjoyed this trip and would love to come again. I loved going outside in the snow, having fun in the pool and just the overall vibe of the trip. I think that everyone should have a chance to experience Camp Caroline. Not only is it a great learning experience, but a great time to hang out with your friends and have fun. The food exceeded my expectations. The rooms were great. Thank you so much to Mme. Pastor, Mme. Nathalie, the parent volunteers, and the camp staff. I hope the grade 7's will have a chance to come here in the future."

-Evelyn-



-Ma chose préférée est qu' il y a beaucoup d'activités amusantes comme nager, le gymnase, aller dehors. C'était une bon expérience.

-Adriel P-

-À mon avis, la meilleure partie était de jouer de la musique. Je pense que les autres devraient le faire car c'est très amusant et c'est une bonne chance pour améliorer ta musique.

-Jack-



### Save the Jr. High Band Dates

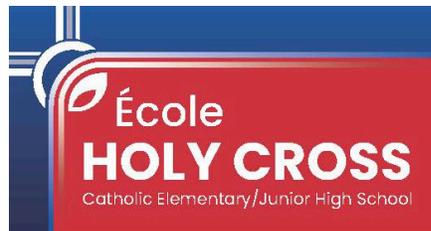
Spring Concert: May 28<sup>th</sup> Thursday 6:30 pm

ESO Open Rehearsal: Thursday June 11th



# Welcome House - Thursday, January 29, 2026

On Thursday, January 29, we welcomed the Our Lady of the Prairies French Immersion families to our school community. Thank You to our School Advisory Council (SAC), community partners and JH school ambassadors for contributing to the evening's success.



**Welcome Our Lady of the Prairies French Immersion families to our school community!**

## Welcome HOUSE

**for Our Lady of the Prairies French Immersion families**



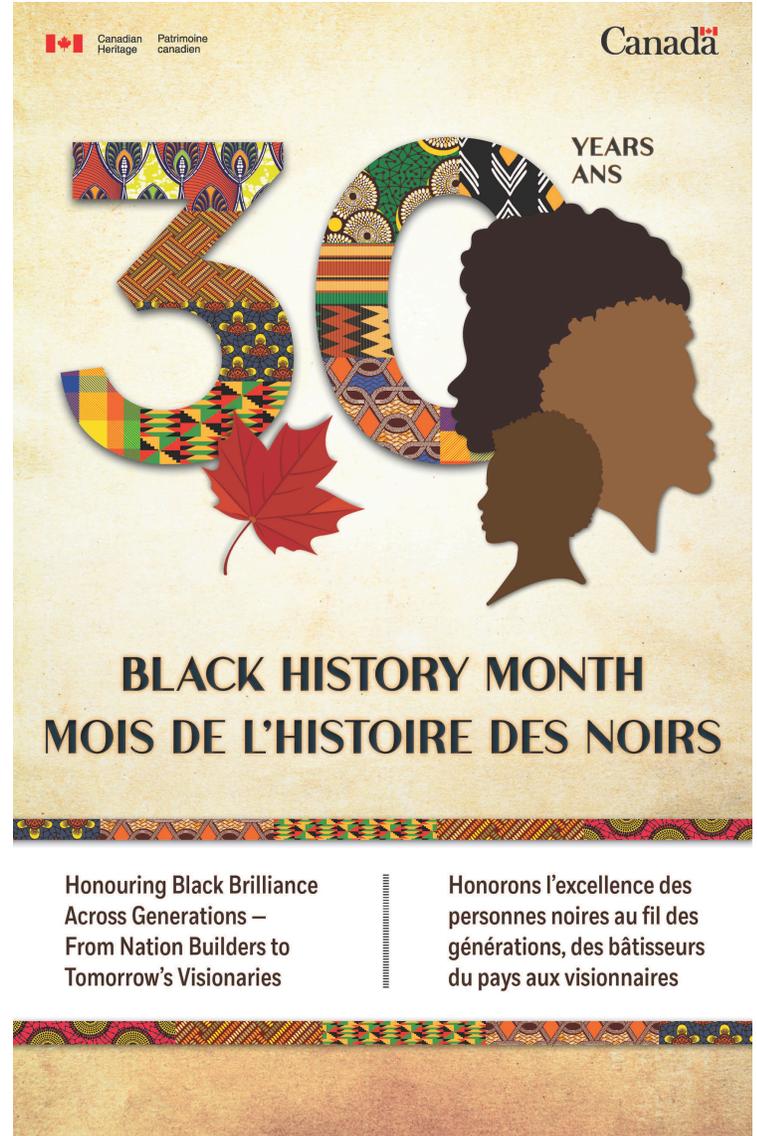
**Holy Cross Catholic Elementary/Junior High School proudly offers:**

- Single-track French Immersion
- Out-of-school and preschool care
- Morning and afternoon care for Kindergarten students
- Free yellow-bus transportation for OLOP students (K-6) to Holy Cross for 2026-2027
- French cultural and extracurricular activities
- Lunchtime homework support and after-school tutoring
- Athletics and recess clubs
- Warm, inclusive, and faith-based environment
- Social justice and community service initiatives

## Black History Month

Each February, people across Canada participate in Black History Month events and celebrations that honour the legacy and contributions of Black people in Canada and their communities.

The 2026 theme for Black History Month is: "30 Years of Black History Month: Honouring Black Brilliance Across Generations — From Nation Builders to Tomorrow's Visionaries." This theme celebrates three decades of Black History Month in Canada by highlighting the enduring contributions of Black Canadians across time. It acknowledges the foundational role of nation builders—those who fought for civil rights, advanced social justice, and shaped Canada's cultural and political landscape. At the same time, it looks forward to tomorrow's visionaries, the emerging leaders, innovators, and changemakers who are redefining excellence in every field.



## Pink Shirt Day, Wednesday, February 25, 2026

Pink Shirt Day is an annual event against bullying held in Canada. Participants wear pink shirts and attend or host informative events to raise awareness about bullying, particularly in schools. Pink Shirt Day was started in 2007 in Canada, where it is held on the last Wednesday of February each year.

The 2025 theme, "Let Kindness Grow," is all about cultivating a sense of belonging—whether at home, school, or work. For Pink Shirt Day 2026 (February 25th in Canada), the theme is "Sprinkle Kindness," emphasizing sharing kindness, inclusion, and compassion. **We ask students to wear pink on Tuesday, February 24<sup>th</sup> as February 25 is a Division wide PD Day.**



## Shrove Tuesday, Tuesday, February 17, 2026

On Shrove Tuesday, **February 17**, all K-9 students will be provided with pancakes as part of our school celebration. Shrove Tuesday, also known as Pancake Tuesday, is a traditional day in the Catholic Church that marks the day before Ash Wednesday and the beginning of Lent, a season of prayer, fasting, and almsgiving. It was historically a time to use up rich ingredients such as eggs and flour before Lent began.



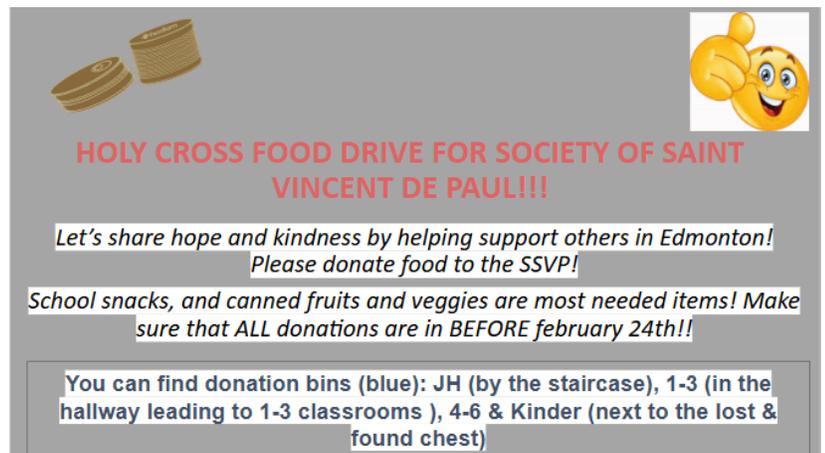
If your child has any food allergies (gluten or egg), please ensure you complete the [allergy form](#) by February 10, 2026, so we can make appropriate arrangements.

If you would like to volunteer to help distribute pancakes on February 17, please reach via email at [holycross.schoolcouncil@gmail.com](mailto:holycross.schoolcouncil@gmail.com) or [sign up here!](#) We look forward to celebrating this meaningful tradition together!

## Student Council Food Collection

The Student Council is organizing a food drive in support of the Society of St. Vincent de Paul from St. John the Evangelist Parish. The most needed items are canned fruits and vegetables, and school snacks. Other dry or canned foods will also be greatly appreciated.

The deadline for donations is Friday, February 24th. Thank you for your support in encouraging students to participate in this initiative.



**HOLY CROSS FOOD DRIVE FOR SOCIETY OF SAINT VINCENT DE PAUL!!!**

*Let's share hope and kindness by helping support others in Edmonton!  
Please donate food to the SSVP!*

*School snacks, and canned fruits and veggies are most needed items! Make sure that ALL donations are in BEFORE february 24th!!*

**You can find donation bins (blue): JH (by the staircase), 1-3 (in the hallway leading to 1-3 classrooms ), 4-6 & Kinder (next to the lost & found chest)**

## Ash Wednesday Wednesday, February 18, 2026

Students will participate in a liturgy in their classroom to begin their Lenten journey. Lent is a 40 day liturgical season of prayer, fasting and almsgiving to prepare for Easter. Beginning on Ash Wednesday and concluding before the Easter Triduum, it commemorates Jesus's 40 days in the desert. Students will receive ashes on their foreheads which symbolize repentance and the beginning of the 40 day Lenten season.



## Recess Club

We are excited to offer recess clubs to Grade 4-6 and Grade 7-9 students beginning this month. Grade 1-3 clubs will take place in the spring.

**Grade 7-9** Clubs started Monday, January 12

Junior High students are asked to sign up directly with the staff member running the club if they are interested. All other students will continue to have recess outdoors. Daily homework club is ongoing!

 Lundi **Haltérophilie** (workout room avec M. Gnoan)

 Lundi **Lecture** (bibliothèque avec M. Jidiri)

 Mardi **Maths** (#009 avec Mme Saliba)

 Mardi **Haltérophilie** (workout room avec M. Gnoan)

 Vendredi **Library Team** (bibliothèque avec Mme Hartt)

**Grade 4-6** Clubs started Tuesday, January 20

Students can choose to go outside at recess or attend a club. We welcome students in the order of their arrival until a maximum of 20 is reached.

 Lundi **Art** (bibliothèque avec Mme Levasseur)

 Mardi **Maths** (#201 avec Mme Shipka)

 Mardi **Wellness** (bibliothèque avec Mme Laura)

 Mercredi **Library Team** (bibliothèque avec Mme Hartt)

 Vendredi **Japonais** (#206 avec Mme Gertrude)

## After School Programs

We are pleased to continue offering after-school tutoring to support students Grades 4-9. Francophonie Albertaine Plurielle (FRAP) provides support to small groups or individual students, when possible, in French.

Sessions take place from 3:15pm to 4:15pm on Monday and Wednesday.

If your child is not already participating and you would like them to attend, please contact the office for registration.

[FRAP tutoring student  
Registration Form](#)



# Oui Learn Together

Edmonton Catholic Schools has created a new online resource hub designed just for French Immersion families called **Oui Learn Together**. This space is built around one simple idea: you don't need to speak French to support your child's learning. This work builds on feedback received during the **2023-2024 French Immersion engagement** and reflects our ongoing commitment to strengthening French Immersion across the Division.

Resource topics will be released throughout the year and will be curated by ECSD's French Immersion consultants to make learning at home easier and more enjoyable.

## Helping Your Child Build Confidence in Reading

This month, we're featuring "Oui Build Readers", a resource with tips, activities, and strategies to help your child build reading confidence, develop vocabulary, and strengthen comprehension.

Visit [ecsd.net/ouilearntogether](https://ecsd.net/ouilearntogether) to learn more.



The graphic features a young child with curly hair and glasses, smiling broadly with arms raised in excitement. The background is a soft-focus classroom setting. At the top left is the Edmonton Catholic Schools logo, a stylized sunburst with a cross. To its right, the text "EDMONTON CATHOLIC SCHOOLS" is written in white. Below the child, the "OUI LEARN TOGETHER!" logo is displayed in large, bold letters. The "O" is white with a blue globe inside, and "UI" is blue. "LEARN TOGETHER!" is in green. At the bottom, a dark blue banner contains the text "Learning Resources for French Immersion Families" in white, followed by "Topic #1: Oui Build Readers" in white on a green background, and "Learn more: [ecsd.net/ouilearntogether](https://ecsd.net/ouilearntogether)" in white on a dark blue background.

EDMONTON CATHOLIC SCHOOLS

**OUI LEARN TOGETHER!**

Learning Resources for  
French Immersion Families

Topic #1: Oui Build Readers

Learn more: [ecsd.net/ouilearntogether](https://ecsd.net/ouilearntogether)

# Pre-Enrolment Toolkit

Beginning Monday, February 2, 2026, families with students already attending an ECSD school can pre-enrol for the 2026-2027 school year.

Key Dates:

- Monday, February 2, 2026 – pre-enrolment and registration open
- Friday, March 13, 2026 – pre-enrolment for current students closes

Registration for new students and pre-enrolment for current students is now open! Sign in to your **PowerSchool account** and click "Pre-Enrolment for Next Year" to let us know if you will be returning to our school or where you will be attending next year (select what applies: Kindergarten, Junior High, or High School). The pre-enrolment process lets us know how many students to expect in September 2026 and helps us plan for staffing, class sizes, and programming. To learn more, visit [ecsd.net/pre-enrolment](https://ecsd.net/pre-enrolment).

Reminder of Deadline for Pre-Enrolment

Don't forget to share your plans for the 2026-2027 school year! Sign in to your **PowerSchool account** and click on "Pre-Enrolment for Next Year" to let us know if you will be returning to our school or where you will be attending as you move into kindergarten, junior high, or high school. The pre-enrolment process lets us know how many students to expect in September 2026 and helps us plan for staffing, class sizes, and programming. You can find more information about pre-enrolment on [ecsd.net/pre-enrolment](https://ecsd.net/pre-enrolment).



**Pre-Enrolment for  
CURRENT STUDENTS**

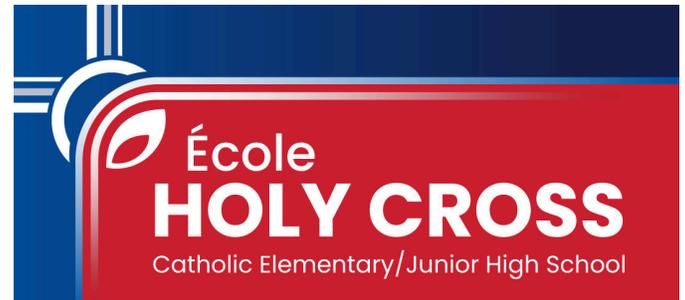
- Log in to [PowerSchool.ecsd.net](https://PowerSchool.ecsd.net)
- Click on the Pre-Enrolment for Next Year icon
- Follow the instructions to select your 2026-2027 school
- Complete for each child registered with ECSD

**Visit [ecsd.net](https://ecsd.net) for more information**



Beginning September 2026, **Holy Cross Catholic Elementary/Junior High School** will once again offer Kindergarten with Full-Day Programming.

**Kindergarten with Full-Day Programming** is a half-day Kindergarten class taught by a certified teacher and a half-day Extensions program led by an Early Childhood Educator. Together, they create a full day of learning that blends classroom instruction with meaningful, play-based experiences. This approach helps children build early skills and supports their growth as they prepare for Grade 1.



## OPEN HOUSE February 12 at 6:00 PM

- Kindergarten with Full-Day Programming
- K-9 French Immersion



We will be hosting our **Open House** on February 12, 2026 from 6:00 to 7:00 PM. If you know families who may be interested in French Immersion for Kindergarten to Grade 9, please feel free to share this information with them.

## January Summary Report Information

January Summary Reports for students in Grades 1 to 9 will be available in PowerSchool on January 27 at 4:00 PM.

To help families understand what the report includes and how to access it, we have created a webpage with step-by-step instructions and additional supports. Please visit our **January Summary Report webpage** to learn more.

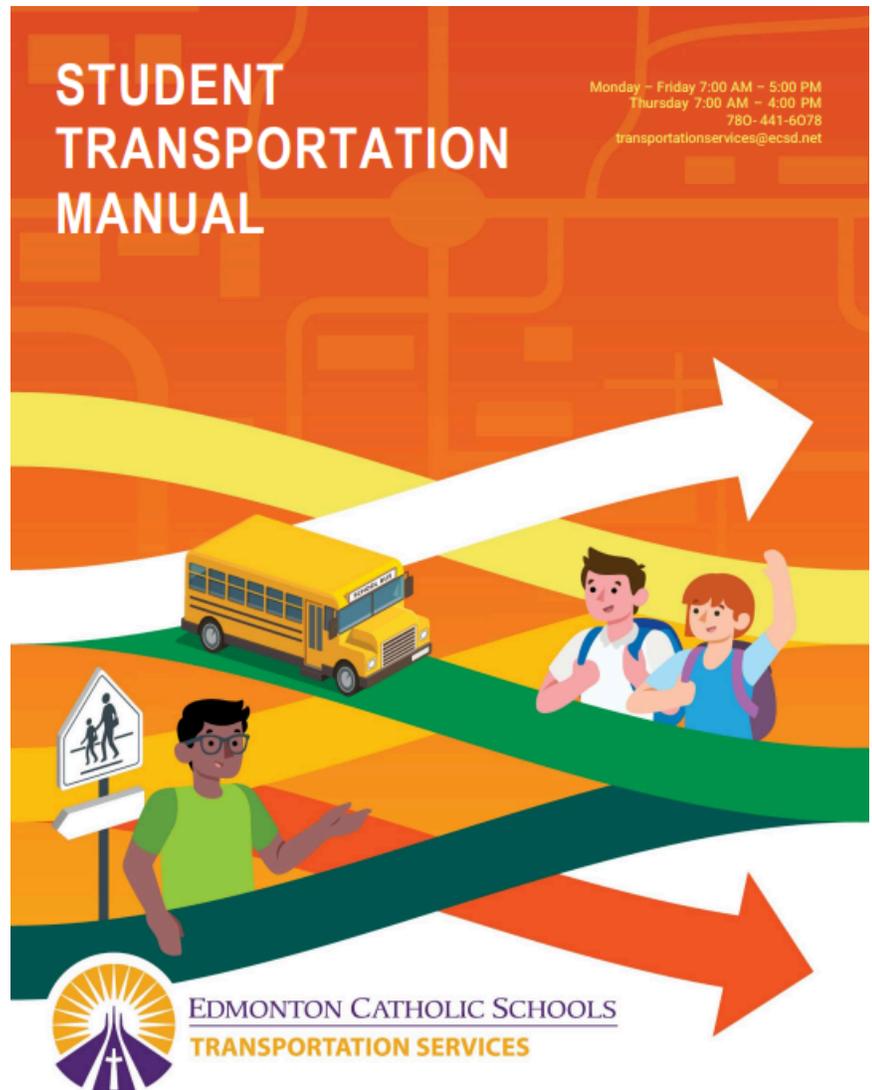


# Transportation Safety

It is important to learn to ride the bus safely, please take a moment to review the **Student Transportation Manual** with your child. The manual contains very important information about student responsibilities.

When riding the yellow bus, students should:

- remain seated and face forward
- speak quietly and politely
- obey the driver's instructions as they would obey the principal
- treat fellow riders with respect and courtesy
- keep body and baggage out of the aisle
- keep personal items (books, sports equipment, electronics, etc.) enclosed within a backpack
- never put any object or body part out of a window
- avoid wearing hazards such as loose clothing, scarves and drawstrings
- not eat or drink on the bus
- not throw objects on the bus or at the bus.



Families are advised that serious or ongoing student misconduct will be reported to the school principal. Concerns about drivers should be directed to the Division Transportation Services office at Edmonton Catholic Schools.

# School Fees - online payments

School Fees can be paid online via your parent portal.

We encourage all parents to pay their fees online by accessing the PowerSchool parent portal. PowerSchool is the Edmonton Catholic Schools online program that allows parents to view attendance, assessments and pay school fees, and bus pass fees.

If you require access to you PowerSchool parent portal, please contact the office.

Here is the link for your child's school fees for Kindergarten to Grade 9:

[2025-2026 Holy Cross School Fees](#)

## Holy Cross Apparel



There are many advantages to ordering through Entripy:

- Free shipping on orders over \$75
- Direct shipping to your address
- Online payment
- It's quick, easy, and hassle free!

[Holy Cross Entripy Shop](#)

FOLLOW US ON



Instagram

Follow us at [@holycrossecsd](#) to stay up to date with our school's programs, events and all other fun stuff our students are doing!

## Chief Superintendent's Office - Message



14219-109 Avenue NW | 780 451-1470 | [www.archbishopmacdonald.ecsd.net](http://www.archbishopmacdonald.ecsd.net)

COME EXPERIENCE A SLICE OF

**MAC  
LIFE**

ÉCOLE ARCHBISHOP MACDONALD CATHOLIC HIGH SCHOOL

**OPEN HOUSE**

**Thursday, February 12, 2026 @ 7:00 pm**

IB Presentation: @ 7:30PM

French Immersion Presentation: @ 8:00 PM

Grade 9 Application Submission @ MAC: March 2 – March 5, 2026

Application Deadline: Thursday, March 5, 2026 @ 7:00 pm

*Check MAC website for registration details*

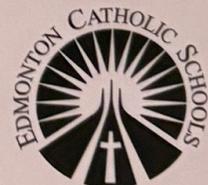


# ÉCOLE J.H. PICARD

Catholic K-12 School

## FRENCH IMMERSION

K-12  
**OPEN HOUSE**  
Thursday, February 19  
at 6:00 PM



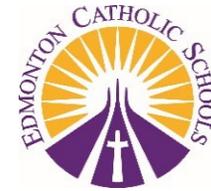
[jhpocard.ecsd.net](http://jhpocard.ecsd.net) • 7055 99 St. NW • 780-433-4251

## IMPORTANT DATES



|  |   |
|--|---|
| Thursday, February 12, 2026                            | Holy Cross Open House 6pm-7pm                                       |
| Monday, February 16, 2026                              | Family Day  |
| Tuesday, February 17, 2026                             | Shrove Tuesday (Pancake Day)  |
| Wednesday, February 18, 2026                           | Ash Wednesday   |
| Wednesday, February 25, 2026                           | Division Wide Faith Development Day<br>(No School for all students) |
| Thursday, February 26 and Friday,<br>February 27, 2026 | Teachers' Convention<br>(No School for all students)                |
| Thursday, March 12, 2026                               | Elementary Spring Concert   |
| Thursday, March 19, 2026                               | Demonstration of Learning   |
| Monday, March 30 to Monday,<br>April 6, 2026           | Spring Break / Good Friday / Easter<br>Monday                       |
| Friday, May 15 to Monday, May 18,<br>2026              | Victoria Day Weekend  |
| Monday, May 25, 2026                                   | Holy Cross School PD Day  |
| Thursday, June 4, 2026                                 | Grade 9 Farewell  |

# ECSD SCHOOL CALENDAR 2025-2026



First Day of Operation  
**August 28, 2025**  
 First Day of Instruction  
**September 2, 2025**  
 Last Day of Instruction  
**June 23, 2026**  
 Last Day of Operation  
**June 24, 2026**

| July 2025 |    |    |    |    |    |    | August 2025 |    |    |    |    |    |    | September 2025 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  | S           | M  | T  | W  | T  | F  | S  | S              | M  | T  | W  | T  | F  | S  |
|           |    | 1  | 2  | 3  | 4  | 5  |             |    |    |    |    | 1  | 2  | 1              | 2  | 3  | 4  | 5  | 6  |    |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 | 3           | 4  | 5  | 6  | 7  | 8  | 9  | 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 | 10          | 11 | 12 | 13 | 14 | 15 | 16 | 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 | 17          | 18 | 19 | 20 | 21 | 22 | 23 | 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 27        | 28 | 29 | 30 | 31 |    |    | 24          | 25 | 26 | 27 | 28 | 29 | 30 | 28             | 29 | 30 |    |    |    |    |
|           |    |    |    |    |    |    | 31          |    |    |    |    |    |    |                |    |    |    |    |    |    |

| October 2025 |    |    |    |    |    |    | November 2025 |    |    |    |    |    |    | December 2025 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  |
|              |    |    | 1  | 2  | 3  | 4  |               |    |    |    |    |    | 1  |               | 1  | 2  | 3  | 4  | 5  | 6  |
| 5            | 6  | 7  | 8  | 9  | 10 | 11 | 2             | 3  | 4  | 5  | 6  | 7  | 8  | 7             | 8  | 9  | 10 | 11 | 12 | 13 |
| 12           | 13 | 14 | 15 | 16 | 17 | 18 | 9             | 10 | 11 | 12 | 13 | 14 | 15 | 14            | 15 | 16 | 17 | 18 | 19 | 20 |
| 19           | 20 | 21 | 22 | 23 | 24 | 25 | 16            | 17 | 18 | 19 | 20 | 21 | 22 | 21            | 22 | 23 | 24 | 25 | 26 | 27 |
| 26           | 27 | 28 | 29 | 30 | 31 |    | 23            | 24 | 25 | 26 | 27 | 28 | 29 | 28            | 29 | 30 | 31 |    |    |    |
|              |    |    |    |    |    |    | 30            |    |    |    |    |    |    |               |    |    |    |    |    |    |

| January 2026 |    |    |    |    |    |    | February 2026 |    |    |    |    |    |    | March 2026 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  | S             | M  | T  | W  | T  | F  | S  | S          | M  | T  | W  | T  | F  | S  |
|              |    |    |    | 1  | 2  | 3  | 1             | 2  | 3  | 4  | 5  | 6  | 7  | 1          | 2  | 3  | 4  | 5  | 6  | 7  |
| 4            | 5  | 6  | 7  | 8  | 9  | 10 | 8             | 9  | 10 | 11 | 12 | 13 | 14 | 8          | 9  | 10 | 11 | 12 | 13 | 14 |
| 11           | 12 | 13 | 14 | 15 | 16 | 17 | 15            | 16 | 17 | 18 | 19 | 20 | 21 | 15         | 16 | 17 | 18 | 19 | 20 | 21 |
| 18           | 19 | 20 | 21 | 22 | 23 | 24 | 22            | 23 | 24 | 25 | 26 | 27 | 28 | 22         | 23 | 24 | 25 | 26 | 27 | 28 |
| 25           | 26 | 27 | 28 | 29 | 30 | 31 |               |    |    |    |    |    |    | 29         | 30 | 31 |    |    |    |    |
|              |    |    |    |    |    |    |               |    |    |    |    |    |    |            |    |    |    |    |    |    |

| April 2026 |    |    |    |    |    |    | May 2026 |    |    |    |    |    |    | June 2026 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S         | M  | T  | W  | T  | F  | S  |
|            |    |    | 1  | 2  | 3  | 4  |          |    |    |    |    | 1  | 2  |           | 1  | 2  | 3  | 4  | 5  | 6  |
| 5          | 6  | 7  | 8  | 9  | 10 | 11 | 3        | 4  | 5  | 6  | 7  | 8  | 9  | 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 12         | 13 | 14 | 15 | 16 | 17 | 18 | 10       | 11 | 12 | 13 | 14 | 15 | 16 | 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 19         | 20 | 21 | 22 | 23 | 24 | 25 | 17       | 18 | 19 | 20 | 21 | 22 | 23 | 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 26         | 27 | 28 | 29 | 30 |    |    | 24       | 25 | 26 | 27 | 28 | 29 | 30 | 28        | 29 | 30 |    |    |    |    |
|            |    |    |    |    |    |    | 31       |    |    |    |    |    |    |           |    |    |    |    |    |    |

|                            |                 |
|----------------------------|-----------------|
| Labour Day                 | Sept 1          |
| Truth & Reconciliation Day | Sept 30         |
| Thanksgiving Day           | Oct 13          |
| Remembrance Day/Fall Brk   | Nov 10-12       |
| Christmas Vacation         | Dec 22 to Jan 2 |
| Family Day                 | Feb 16          |
| Faith Development Day/PD   | Feb 25          |
| Teachers' Convention       | Feb 26-27       |
| Spring Break               | Mar 30 to Apr 6 |
| Good Friday                | Apr 3           |
| Easter Monday              | Apr 6           |
| Victoria Day Weekend       | May 15-18       |

| MONTH        | Operational Days | Instructional Days |
|--------------|------------------|--------------------|
| August       | 2                | 0                  |
| September    | 20               | 20                 |
| October      | 22               | 22                 |
| November     | 17               | 17                 |
| December     | 15               | 15                 |
| January      | 20               | 20                 |
| February     | 19               | 16                 |
| March        | 20               | 20                 |
| April        | 18               | 18                 |
| May          | 19               | 19                 |
| June         | 18               | 17                 |
| <b>Total</b> | <b>190</b>       | <b>184</b>         |

- Non-instructional day
- Non-operational day
- Cancellation of early dismissal
- Early dismissal
- Statutory Holiday - Office/School Closed
- Named Holiday - Office/School Closed

# February Education Sessions

Recovery Alberta



These free sessions are intended to provide community members with information and strategies regarding addiction and mental health challenges that can affect us all.

## Registration:

Sessions are offered online through the Zoom conferencing application.

A link to access the online session will be sent by email to those who have registered for the session.

To register, click [HERE](#) or go to:

[www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

## More than Just a Bad Day Understanding Depression

In this session, we will discuss what mental health is, the difference between sadness and depression, and common signs and symptoms of depression. Treatment options and supportive strategies for coping and support will be shared.

**Date: Monday, February 9, 2026**

Time: 12:00 – 1:00 pm

For adults supporting their own wellness or the wellness of a loved one.

## Plugging In Enhancing our Mental Health in our Digital Lives

Technology is woven into nearly every part of our daily lives—connecting us, entertaining us, and even supporting our health. But when does helpful tech turn into harmful use? This interactive session explores both sides of our digital world: how technology supports wellness and where it can negatively affect sleep, stress, relationships, and mental health. Together we'll look at problematic screen use and discuss practical strategies to build a healthier relationship with our devices. We'll look at ways to support ourselves and our families towards a more intentional use of technology to support balance and well-being.

**Date: Monday, February 23, 2026**

Time: 12:00 – 1:00 pm

For adults supporting their own wellness or the wellness of a loved one.

## Participant Feedback

“The trainers were awesome and engaging so well with us, felt like i was in class training. Keep up the great work. Thank you.”



Professional Practice & Education Services  
Edmonton

For more information, visit [www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

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## Keeping Scattered Kids on Track Supporting Children and Adolescents with ADHD

Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common mental health conditions diagnosed in children. Come to these Lunch & Learn sessions and learn about the signs and symptoms of ADHD, ways that ADHD impacts achievement, self-worth, and relationships in children and youth, and strategies to support success.

### Part 1: Tuesday, February 17, 2026

Time: 12:00 – 1:00 pm

For parents and caregivers supporting children and youth (Grades K-12)

### Part 2: Tuesday, February 24, 2026

Time: 12:00 – 1:00 pm

For parents and caregivers supporting children and youth (Grades K-12)

## Registration:

Sessions are offered online through the Zoom conferencing application.

A link to access the online session will be sent by email to those who have registered for the session.

To register, click [HERE](#) or go to:

[www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

## Participant Feedback”

“This was a great session. Lots of good takeaways. Thank you for offering these sessions. They provide me with tips and tricks to be a better parent...”



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Edmonton

For more information, visit [www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)